



# PARENT HEALTH LITERACY

Helping Families Use the Book  
“What To Do When Your Child Gets Sick”

## Upcoming Virtual Trainings

*Trainer: Nichole Fairley, PAT Coordinator, Topeka*

*Zoom link will be sent to registered participants the day before the workshop.*

[January 7, 2025 | 1:00 – 3:00 PM](#)

[March 11, 2025 | 1:00 – 3:00 PM](#)

[May 6, 2025 | 1:00 – 3:00 PM](#)

This introduction to Parent Health Literacy will give you tips and tools for working with parents of young children. The book, *What to Do When Your Child Gets Sick*, and the training are tools for home visitors, social workers, and healthcare professionals who work with young families and are suitable for both one-on-one and large-group presentations. The overall goal of this curriculum is empowerment of families and reduction in the number of unnecessary doctor and ER visits.

In addition to providing an overview of the book *What to Do When Your Child Gets Sick*, this training will focus on the skills necessary to work with parents with low health literacy.

After attending this training, you and your agency will be invited to partner with the Kansas Head Start Association’s Parent Health Literacy Project to distribute this book and teach parents how to use it to make health care decisions regarding their children aged 0-8.

